

Coon Rapids High School

Hy-Tek's MEET MANAGER 7:41 PM 5/25/2006 Page 1
2006 NWSC Track & Field Championship - 5/23/2006 to 5/25/2006

Andover High School

Results

Girls 100 Meter Dash

Name	School	Finals	
Finals			
1 Nicole Draugsvaet	Andover	12.49	10
2 Alyssa Schulz	Maple Grove	12.57	8
3 Laura Bock	Elk River	12.76	6
4 Katie Johnson	Anoka	12.79	5
5 Stephanie VanHoutan	Champlin	12.93	4
6 Jengsh Tomba	Park Center	13.00	3
7 Alex Sada	Blaine	13.11	2
8 Deshae Eams	Anoka	13.19	1

Girls 200 Meter Dash

Name	School	Finals	
Finals			
1 Nicole Draugsvaet	Andover	25.77	10
2 Alyssa Schulz	Maple Grove	26.13	8
3 Anna Mbali	Maple Grove	26.38	6
4 Alex Sada	Blaine	26.71	5
5 Jengsh Tomba	Park Center	26.75	4
6 Rachel Newison	Maple Grove	27.04	3
7 Stephanie VanHoutan	Champlin	27.60	2
8 Alana Eason	Champlin	28.17	1

Girls 400 Meter Dash

Name	School	Finals	
Finals			
1 Brianna Olson	Osseo	1:00.21	10
2 Kate Sidlo	Osseo	1:00.85	8
3 Jenny Hambleton	Anoka	1:01.00	6
4 Elizabeth Housman	Blaine	1:02.03	5
5 Annalie Rustad	Maple Grove	1:02.61	4
6 Alex Padro	Blaine	1:02.77	3
7 Kaelie Sorenson	Park Center	1:02.85	2
8 Sydney Vermette	Anoka	1:03.10	1

Girls 800 Meter Run

Name	School	Finals	
Finals			
1 Jenny Hambleton	Anoka	2:24.09	10
2 Emily Emerson	Centennial	2:24.50	8
3 Wilma Dahlstein	Blaine	2:25.58	6
4 Rachel Biederman	Maple Grove	2:25.68	5
5 Kaylan Bailey	Maple Grove	2:26.19	4
6 Jessica Kolisak	Anoka	2:29.11	3
7 Laura Peters	Anoka	2:30.06	2
8 Melissa Anderson	Champlin	2:30.80	1
9 Kiley Gibbons	Centennial	2:31.77	
10 Kelly Lindsey	Osseo	2:31.90	
11 Michele Peterson	Osseo	2:32.86	

Girls 1600 Meter Run

Name	School	Finals	
1 Kristi Dahlheimer	Anoka	5:21.30	10
2 Caitlin Folgreen	Elk River	5:22.56	8
3 Tina Ewing	Osseo	5:26.29	6

4 Marissa Dahlquist	Coon Rapids	5:27.43	5
5 Michelle Bourssier	Osseo	5:31.99	4
6 Katie Cotter	Andover	5:32.89	3
7 Whitney Hines	Maple Grove	5:34.78	2
8 Hannah Erickson	Park Center	5:40.65	1
9 Rachel Wilson	Anoka	5:42.72	
10 Amanda Delong	Blaine	5:42.82	
11 Stephanie Sjorstrom	Champlin	5:44.32	
12 Kate Wold	Maple Grove	5:50.88	
13 Maggie Jech	Centennial	5:52.38	
14 Kyrin Liebach	Osseo	5:54.24	
15 Josi Reece	Elk River	5:59.78	
16 Erin Weeks	Elk River	5:59.98	
17 Sarah Scholl	Champlin	6:00.20	
18 Madison Sawyer	Champlin	6:02.76	
19 Hannah Wallace	Park Center	6:02.90	
20 Bridget Hines	Maple Grove	6:05.50	
21 Kendra Zumbrodden	Coon Rapids	6:12.25	
22 Rebekkah Kirby	Centennial	6:12.65	
23 Carolyn Bocovich	Andover	6:17.87	
24 Rachelle Dupuis	Blaine	6:21.00	
25 Gemma Christie	Blaine	6:22.16	
26 Anika Ferber	Park Center	6:26.66	
27 Jonna Odden	Coon Rapids	6:40.14	
28 Cecylia Bocovich	Andover	6:52.55	

Girls 3200 Meter Run

Name	School	Finals	
1 Emma Bates	Elk River	11:42.26	10
2 Kristi Dahlheimer	Anoka	11:47.30	8
3 Tina Ewing	Osseo	11:56.91	6
4 Kate Reins	Osseo	12:03.55	5
5 Michelle Bourssier	Osseo	12:06.57	4
6 Linnea Ness	Anoka	12:16.20	3
7 Cassandra Egler	Maple Grove	12:27.17	2
8 Katie Cotter	Andover	12:28.43	1
9 Stephanie Sjorstrom	Champlin	12:34.92	
10 Sam Ehler	Park Center	12:36.94	
11 Amanda Delong	Blaine	12:40.74	
12 Andrea Tremaine	Anoka	12:44.25	
13 Kerry Soitis	Elk River	13:01.76	
14 Cathy Anderson	Maple Grove	13:24.93	
15 Carolyn Bocovich	Andover	13:29.97	
16 Anne Brink	Maple Grove	13:41.84	
17 Ashley Echert	Champlin	13:45.08	
18 Kendra Zumbrodden	Coon Rapids	13:49.77	
19 Keri Knight	Park Center	13:59.97	
20 Sarah Littlefield	Park Center	14:03.25	
21 Jonna Odden	Coon Rapids	14:25.21	
22 Jamie Johnson	Andover	14:29.07	
23 Cassie VanHatton	Champlin	14:38.47	
24 Andrea Ziegler	Coon Rapids	14:47.14	
25 Hope Kirkpatrick	Blaine	14:50.27	
26 Caitlin Percy	Blaine	DNF	

Results

Girls 100 Meter Hurdles High

Name	School	Finals	
Finals			
1 Peri Woods	Blaine	15.47	10
2 Chinasio Okafor	Champlin	15.86	8
3 Chinasio Okafor	Osseo	16.27	6
4 Nancy Warfield	Elk River	16.40	5
5 Sierra Robinson	Osseo	17.05	4
6 Jenna Rice	Maple Grove	17.11	3
7 Kjosca Steinbring	Anoka	17.19	2

Girls 300 Meter Hurdles Low

Name	School	Finals	
Finals			
1 Kjosca Steinbring	Anoka	47.36	10
2 Peri Woods	Blaine	47.39	8
3 Brianna Duff	Anoka	47.94	6
4 Brita Hall	Elk River	48.78	5
5 Brehame Hooker	Park Center	49.27	4
6 Emma Noll	Centennial	49.48	3
7 Jo Dahlberg	Blaine	49.84	2
8 Dana Pocs	Elk River	50.05	1

Girls 4x100 Meter Relay

Team	Relay	Finals	
1 Osseo		49.85	10
2 Maple Grove		50.33	8
3 Elk River		50.45	6
4 Anoka		50.77	5
5 Champlin Park		51.01	4
6 Coon Rapids		51.52	3
7 Andover		52.21	2
8 Blaine		52.59	1
9 Centennial		53.49	
10 Park Center		57.08	

Girls 4x200 Meter Relay

Team	Relay	Finals	
1 Blaine		1:48.80	10
2 Andover		1:48.82	8
3 Anoka		1:49.36	6
4 Champlin Park		1:49.37	5
5 Elk River		1:50.00	4
6 Maple Grove		1:50.99	3
7 Park Center		1:52.19	2
8 Coon Rapids		1:52.73	1
9 Osseo		1:53.90	
10 Centennial		1:53.99	

Girls 4x400 Meter Relay

Team	Relay	Finals	
1 Anoka		4:06.33	10
2 Maple Grove		4:07.12	8
3 Blaine		4:07.97	6
4 Osseo		4:10.43	5
5 Centennial		4:13.82	4

6 Coon Rapids	4:16.45	3
7 Champlin Park	4:16.63	2
8 Elk River	4:16.95	1
— Park Center	DQ	
— Andover	DQ	

Girls 4x800 Meter Relay

Team	Relay	Finals	
1 Anoka		9:40.81	10
2 Maple Grove		9:54.36	8
3 Elk River		9:58.55	6
4 Centennial		10:10.84	5
5 Osseo		10:10.91	4
6 Champlin Park		10:13.53	3
7 Park Center		10:33.46	2
8 Blaine		10:40.87	1
9 Andover		10:44.22	
10 Coon Rapids		11:18.77	

Girls High Jump

Name	School	Finals	
1 Kelsey Ellis	Anoka	5-01.00	10
2 Lindsey Ecklund	Centennial	5-00.00	7
2 Chinasio Okafor	Champlin	5-00.00	7
4 Chelsea Froehke	Centennial	4-00.00	5
5 Megan Carlson	Andover	4-00.00	3.5
5 Jennifer Naybert	Park Center	4-00.00	3.5
7 Stephanie Watson	Anoka	4-10.00	2
8 Emily Brostrom	Champlin	4-10.00	0.5
8 Michelle Brunik	Blaine	4-10.00	0.5
9 Kelsey Hoega	Andover	4-10.00	
9 Tempest Wilson	Elk River	4-10.00	
12 Elizabeth Bedford	Anoka	4-08.00	
12 Brittany Simmons	Park Center	4-08.00	
12 Taylor Stolquist	Maple Grove	4-08.00	
12 Jenna Sawyer	Champlin	4-08.00	
12 Britta Hall	Elk River	4-08.00	
12 Allyson Buchelt	Blaine	4-08.00	
12 Chelsea Greenwald	Andover	4-08.00	
19 Alex Alcorn	Elk River	4-06.00	
19 Moriah Miller	Centennial	4-06.00	
19 Brooks Harris	Park Center	4-06.00	
19 Kate Meidika	Osseo	4-06.00	
19 Anna Wocrie	Coon Rapids	4-06.00	
19 Abby Isaacson	Maple Grove	4-06.00	
25 Jessica Pafko	Blaine	4-04.00	
25 Haley Dubey	Coon Rapids	4-04.00	
25 Bethany Burkman	Maple Grove	4-04.00	
25 Ally Lister	Osseo	4-04.00	
— Keeri Tramm	Osseo	NH	

Girls Pole Vault

Name	School	Finals	
1 Elizabeth Buysse	Anoka	10-06.00	10
2 Loran Muske	Anoka	10-00.00	8
3 Jessica Norman	Maple Grove	9-06.00	6
4 Katie Girard	Centennial	7-06.00	5

Results

(Girls Pole Vault)

Name	School	Finals	
5 Laura Ryan	Elk River	19-06.00	4
6 Marie Heglund	Anoka	9-00.00	2.5
6 Amber O'Connor	Blaine	9-00.00	2.5
8 Anna Broadrick	Champlin	19-00.00	1
9 Kate Kramer	Elk River	8-06.00	
9 Carrie Spillers	Maple Grove	8-06.00	
9 Kayla Orvik	Centennial	8-06.00	
9 Brittany Simmons	Park Center	8-06.00	
13 Carlina Stromback	Blaine	8-00.00	
13 Katie Hanson	Park Center	8-00.00	
13 Katie Lehner	Andover	8-00.00	
13 Rachel Narlock	Coon Rapids	8-00.00	
17 Tina Bailey	Champlin	7-00.00	
17 Jessica Paffo	Blaine	7-00.00	
17 Janey Kiebe	Centennial	7-00.00	
17 Shelby Peristian	Osseo	7-00.00	
17 Chastie Olson	Champlin	7-00.00	
17 Rachel Wordeman	Coon Rapids	7-00.00	
17 Britt Fluth	Andover	7-00.00	
17 Beth Blankenheim	Maple Grove	7-00.00	
25 Arianna Zirbes	Park Center	6-00.00	

Girls Long Jump

Name	School	Finals	
1 Katie Johnson	Anoka	17-06.00	10
2 Jeneigh Tomba	Park Center	16-04.50	8
3 Rachel Heid	Andover	16-03.75	6
4 Danielle Kurz	Anoka	16-01.50	5
5 Jenna Rice	Maple Grove	15-07.75	4
6 Rachel Fisher	Elk River	15-07.50	3
7 Lisa Richter	Centennial	15-04.75	2
8 Emily Brostrom	Champlin	15-02.00	1
9 Amy Pheneger	Champlin	115-02.00	
10 Nicole Dlugoszew	Andover	15-00.75	
11 Elizabeth Hennam	Blaine	14-10.00	
12 Emma Noll	Centennial	14-09.00	
13 Jennie Sunnaborg	Osseo	14-08.00	
14 Brooke Harris	Park Center	14-07.00	
15 Jessica Geier	Andover	14-05.50	
16 Keeri Trznan	Osseo	14-05.00	
17 Lauren Bocchetti	Centennial	14-04.25	
18 Jamie Briant	Blaine	14-03.00	
19 Patti Woods	Blaine	14-02.50	
20 Cassie Quick	Elk River	14-00.50	
21 Anna Woerle	Coon Rapids	13-10.25	
22 Michalle Maciej	Elk River	13-10.00	
23 Molly Weisenburger	Maple Grove	13-09.50	
23 Angela Ling	Champlin	13-09.50	
25 Ally Lister	Osseo	13-08.00	
26 Jessica Zorawski	Coon Rapids	13-04.25	
27 Lauren Muska	Anoka	12-03.75	

Girls Triple Jump

Name	School	Finals	
1 Katie Johnson	Anoka	36-06.50	10
2 Nikki Dilbert	Champlin	35-08.50	8
3 Brooke Harris	Park Center	33-03.25	6
4 Melissa Henderson	Osseo	33-02.00	5
5 Jenna Rice	Maple Grove	32-10.50	4
6 Alex Paffo	Blaine	32-06.00	3
7 Jennie Sunnaborg	Osseo	32-05.00	2
8 Alex Suda	Blaine	32-04.50	1
9 Cassie Ealy	Maple Grove	32-03.00	
10 Kelly Peterson	Anoka	31-04.00	
11 Michelle Maciej	Elk River	31-03.50	
12 Kat Wrzos	Coon Rapids	31-01.00	
13 Almarie Coleman	Coon Rapids	31-00.00	
14 Cassie Quick	Elk River	30-11.25	
15 Rachel Fisher	Elk River	30-11.00	
16 Amy Gullikson	Andover	30-08.50	
17 Jillian Daleiden	Blaine	30-06.50	
18 Stacey Faturbi	Coon Rapids	29-10.00	
19 Stephanie Volk	Champlin	29-01.75	
20 Caroline Storming	Anoka	29-00.00	
21 Rachel Neumann	Andover	28-10.00	
22 Kocri Trznan	Osseo	28-05.50	
23 Katie Lehner	Andover	28-01.00	
24 Elaine Opusungu	Park Center	25-04.00	
-- Chelsea Adney	Maple Grove	ND	

Girls Shot Put

Name	School	Finals	
1 Paige Burke	Blaine	38-08.00	10
2 Sam Erickson	Blaine	38-03.00	8
3 Tahlia Luedtke	Anoka	35-09.25	6
4 Stephanie Hoffman	Centennial	35-07.75	5
5 Marreya Bailey	Maple Grove	35-07.00	4
6 Emily Stierer	Andover	35-06.75	3
7 Kelsey LaBathe	Andover	35-04.50	2
8 Joselyn Fode	Coon Rapids	34-02.75	1
9 Morgan Endreson	Park Center	33-06.00	
10 Elaine Opusungu	Park Center	33-00.75	
11 Allison Smith	Anoka	32-11.75	
12 Cheante Ford	Osseo	32-10.00	
13 Amanda LaChance	Champlin	32-01.25	
14 Denise Nelson	Blaine	31-10.75	
15 Chelsea Petron	Elk River	31-10.00	
16 Kayla Kiecker	Coon Rapids	31-08.00	
17 Emily Ford	Osseo	31-07.00	
18 Rebecca Kant	Elk River	31-06.75	
19 Emeyloe Headline	Anoka	31-05.00	
20 Amy Tasky	Champlin	31-04.50	
21 Ashley Witte	Champlin	30-00.25	
22 Alisa Ly	Maple Grove	29-05.50	
23 Lizzy Even	Coon Rapids	29-04.25	
24 Sharon Riggie	Osseo	29-03.00	
25 Katy Bursaw	Andover	28-03.50	

Coon Rapids High School

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 2006 NWSC Track & Field Championship - 5/25/2006 to 5/25/2006
 Andover High School

Results

(Girls Shot Put)

Name	School	Finals
25 Sarah Williams	Elk River	28-03.50
27 Ashley Fisher	Park Center	25-09.75
28 Heather Schmidt	Centennial	22-07.00

Girls Discus Throw

Name	School	Finals
1 Rebecca Kent	Elk River	119-01 10
2 Denise Nelson	Blaine	112-09 8
3 Sara Erickson	Blaine	109-10 6
4 Josalyn Fode	Coon Rapids	109-01 5
5 Rachel Cortes	Elk River	105-02 4
6 Alisa Ly	Maple Grove	104-08 3
7 Chasunte Ford	Osseo	101-11 2
8 Kayla Klecker	Coon Rapids	100-09 1
9 Amy Tasky	Champlin	100-06
10 Emily Sticler	Andover	98-00
11 Stephanie Hoffman	Centennial	96-06
11 Jenice Rybak	Anoka	96-06
13 Alison Johnston	Champlin	96-05
14 Katie Downham	Blaine	94-08
15 Emylee Headline	Anoka	88-08
16 Chelsea Petron	Elk River	88-06
17 Amanda LaChance	Champlin	88-00
18 Megan Endreson	Park Center	85-05
19 Maya Keith	Park Center	84-03
20 Emily Ford	Osseo	80-06
21 Katy Burasaw	Andover	79-05
22 Marlene Moxness	Maple Grove	76-08
22 Laura Crow	Osseo	76-08
24 Ashley Fisher	Park Center	76-03
25 Ashley Black	Maple Grove	74-09
26 Heather Schmidt	Centennial	74-07
27 Tabitha Luedtke	Anoka	74-05
28 Kelsey LaBathe	Andover	71-08
29 Emily Rinchart	Coon Rapids	70-08

Women - Team Rankings - 18 Events Scored

1) Anoka	161.5
2) Blaine	98
3) Maple Grove	93
4) Osseo	81
5) Elk River	73
6) Andover	48.5
7) Champlin Park	47.5
8) Centennial	44
9) Park Center	35.5
10) Coon Rapids	19

2006 NWSC Track & Field Championship - 5/23/2006 to 5/25/2006

Andover High School

Results - Day 1

Girls 100 Meter Dash

Name	School	Prelims	
Preliminaries			
1 Nicole Draugstveit	Andover	13.06	q
2 Alyssa Schulz	Maple Grove	13.20	q
3 Laura Bock	Elk River	13.32	q
4 Jengeih Tomba	Park Center	13.34	q
5 Alex Suda	Blaine	13.52	q
6 Stephanie VanHoutan	Champlin Park	13.55	q
7 Deserae Barns	Anoka	13.57	q
8 Rachel Held	Andover	13.59	q
9 Katic Johnson	Anoka	13.61	
10 Amanda Holien	Elk River	13.62	
11 Michelle Maciej	Elk River	13.73	
12 Sam Levercom	Coon Rapids	13.77	
12 Alana Eason	Champlin Park	13.77	
14 Ashley Dokken	Champlin Park	13.86	
14 Jennifer Nayberi	Park Center	13.86	
16 Anna Mbali	Maple Grove	13.87	
17 Jenna Ewing	Osseo	13.88	
18 Bekkah Krause	Centennial	13.99	
18 Jessica Pierre	Coon Rapids	13.99	
20 Carissa Dee	Maple Grove	14.04	
21 Amber O'Connor	Blaine	14.12	
22 Laura Messner	Anoka	14.16	
23 McCall Sidner	Centennial	14.21	
24 Lauren Becchetti	Centennial	14.31	
25 Almarie Coleman	Coon Rapids	14.33	
26 Amy Gullikson	Andover	14.40	
27 Rachel Gustafson	Blaine	14.52	
28 Jasmine Johnson	Osseo	14.69	
29 Jennifer Hintze	Park Center	14.76	

Girls 200 Meter Dash

Name	School	Prelims	
Preliminaries			
1 Nicole Draugstveit	Andover	26.72	Q
2 Alyssa Schulz	Maple Grove	26.79	Q
3 Anna Mbali	Maple Grove	27.28	Q
4 Alex Suda	Blaine	27.43	Q
5 Jengeih Tomba	Park Center	26.92	q
6 Rachel Nerison	Maple Grove	27.31	q
7 Alana Eason	Champlin Park	27.35	q
8 Stephanie VanHoutan	Champlin Park	27.38	q
9 Megan Carlson	Andover	27.64	
10 Janie Briant	Blaine	27.67	
11 Bekkah Krause	Centennial	27.84	
12 Monique Weber	Elk River	27.86	
13 Dionne Harris	Coon Rapids	28.06	
14 Amanda Holien	Elk River	28.10	
15 Kelly Peterson	Anoka	28.24	
16 Megan Olson	Anoka	28.34	
17 Lauren Becchetti	Centennial	28.43	
18 Kaylee McDonald	Elk River	28.59	
19 Amelia Schmidt	Anoka	28.69	
20 Almarie Coleman	Coon Rapids	28.72	
21 Stacey Fatunbi	Coon Rapids	28.83	
22 Jennifer Nayberi	Park Center	28.89	
23 Shari Eckstrom	Champlin Park	28.90	
24 Lindsey Sathre	Osseo	29.09	
25 Emily Christianson	Osseo	29.36	
26 Alex Pafko	Blaine	29.40	
27 Jessica Leszinski	Centennial	30.19	

28 Jasmine Johnson	Osseo	30.56
29 Jessica Geier	Andover	30.76
-- Arrianna Zirbes	Park Center	NT

Girls 400 Meter Dash

Name	School	Prelims	
Preliminaries			
1 Brianna Olson	Osseo	59.80	Q
2 Kate Sidlo	Osseo	1:01.95	Q
2 Keelie Sorensen	Park Center	1:01.95	Q
4 Alex Pafko	Blaine	1:02.22	Q
5 Jenny Hambleton	Anoka	1:00.66	q
6 Annalie Rustad	Maple Grove	1:02.18	q
7 Sydney Vermette	Anoka	1:02.36	q
8 Elizabeth Hennem	Blaine	1:02.39	q
9 Abby Isaacson	Maple Grove	1:02.50	
10 Morgan Elfet	Anoka	1:03.00	
11 Danielle Voight	Champlin Park	1:03.08	
12 Stephanie Salem	Maple Grove	1:03.18	
13 Kelsey Holschbach	Blaine	1:03.28	
14 Kate Lindgren	Centennial	1:03.83	
15 Rachel Neumann	Andover	1:04.09	
16 Holly Bistodeau	Park Center	1:04.23	
17 Kirsten Erickson	Coon Rapids	1:04.24	
18 Jenna Petis	Andover	1:04.34	
19 Katie Girard	Centennial	1:04.48	
20 Alysha Domiano	Champlin Park	1:04.49	
21 Hannah VanWold	Coon Rapids	1:04.77	
22 Kayla Orvik	Centennial	1:04.83	
23 Micaela Mathre	Osseo	1:05.52	
24 Julianna Jack	Elk River	1:05.54	
25 Heidi Eckberg	Coon Rapids	1:06.04	
26 Natalie Claus	Andover	1:06.43	
27 Amanda Johnson	Champlin Park	1:06.70	
28 Maddie Poce	Elk River	1:09.06	

Girls 800 Meter Run

Name	School	Prelims	
Preliminaries			
1 Jenny Hambleton	Anoka	2:24.68	Q
2 Emily Emerson	Centennial	2:25.52	Q
3 Laura Peters	Anoka	2:33.67	Q
4 Jillian Daleiden	Blaine	2:26.96	Q
5 Eleanor Magnuson	Champlin Park	2:29.28	Q
6 Jessica Kolisak	Anoka	2:33.73	Q
7 Kaylan Bailey	Maple Grove	2:29.13	Q
8 Melissa Anderson	Champlin Park	2:29.42	Q
9 Rachel Biederman	Maple Grove	2:33.78	Q
10 Kelly Lindsey	Osseo	2:29.15	q
11 Kiley Gibbons	Centennial	2:30.36	q
12 Michele Peterson	Osseo	2:31.35	q
13 Jessica Bender	Blaine	2:32.45	
14 Katie Dalzell	Blaine	2:33.71	
15 Molly Robinson	Osseo	2:34.86	
16 Renee Crepeau	Elk River	2:35.25	
17 Lauren Fladland	Coon Rapids	2:35.86	
18 Emily Ralph	Elk River	2:37.35	
Preliminaries ... (Girls 800 Meter Run)			
19 Sarah Dahl	Park Center	2:37.80	
20 Megan Blilie	Coon Rapids	2:38.15	
21 Hannah Miller	Andover	2:38.74	
22 Katie Sable	Maple Grove	2:40.19	
23 Kelsey Hoegh	Andover	2:40.66	

2006 NWSC Track & Field Championship - 5/23/2006 to 5/25/2006

Andover High School

Results - Day 1

24	Emily Parupsky	Elk River	2:41.04
25	Brittany Wood	Centennial	2:42.37
26	Bri Foote	Park Center	2:44.43
27	Emily Porter	Coon Rapids	2:46.42
28	Heather Anderson	Park Center	2:46.46
29	Paula Marozas	Andover	2:56.16
—	Maddie Poce	Elk River	NT

24	Stacey Johnson	Anoka	19.92
25	Kayla Smith	Park Center	21.27
26	Jenna Sawyer	Champlin Park	21.62
27	Kayla Madsen	Coon Rapids	21.76

Girls 3200 Meter Run

Name	School	Finals	
1	Emma Bates	Elk River	11:42.26 10
2	Kristi Dahlheimer	Anoka	11:47.30 8
3	Tina Ewing	Osseo	11:56.91 6
4	Kate Reins	Osseo	12:03.55 5
5	Michelle Bourssier	Osseo	12:06.57 4
6	Linnea Ness	Anoka	12:16.20 3
7	Cassandra Egler	Maple Grove	12:27.17 2
8	Katie Cotter	Andover	12:28.43 1
9	Stephanie Sjorstrom	Champlin Park	12:34.92
10	Sara Ehlert	Park Center	12:36.94
11	Amanda Delong	Blaine	12:40.74
12	Andrea Tremaine	Anoka	12:44.25
13	Kerry Soltis	Elk River	13:01.76
14	Cathy Anderson	Maple Grove	13:24.93
15	Carolyn Bocovich	Andover	13:29.97
16	Anne Brink	Maple Grove	13:41.84
17	Ashley Echert	Champlin Park	13:45.08
18	Kendra Zumbroon	Coon Rapids	13:49.77
19	Keri Knight	Park Center	13:59.97
20	Sarah Littlefield	Park Center	14:03.25
21	Jonna Odden	Coon Rapids	14:25.21
22	Jamie Johnson	Andover	14:29.07
23	Cassie VanHampton	Champlin Park	14:38.47
24	Andrea Ziegler	Coon Rapids	14:47.14
25	Hope Kirkpatrick	Blaine	14:50.27
—	Caitlin Percy	Blaine	DNF

Girls 100 Meter Hurdles High

Name	School	Prelims	
Preliminaries			
1	Patti Woods	Blaine	16.32 Q
2	Chinaelo Okafor	Champlin Park	16.86 Q
3	Chiamaka Okonkwo	Osseo	16.99 Q
4	Kjosten Steinbring	Anoka	17.71 Q
5	Nancy Warfield	Elk River	17.15 q
6	Jenna Rice	Maple Grove	17.79 q
7	Sierra Robinson	Osseo	17.96 q
8	Chelsea Greenwald	Andover	18.01 q
9	McCall Sidner	Centennial	18.04
10	Emma Noll	Centennial	18.11
11	Michelle Brunik	Blaine	18.25
12	Sarah McLain	Elk River	18.29
13	Jessica Sailor	Coon Rapids	18.30
14	Jo Dahlberg	Blaine	18.46
15	Molly Weisenburger	Maple Grove	18.83
16	Britta Hall	Elk River	19.11
17	Alyssa Rousseau	Andover	19.31
18	Brehane Hooker	Park Center	19.33
19	Janani Logendran	Maple Grove	19.38
20	Tesia Walther	Centennial	19.48
21	Anna Ogaard	Osseo	19.52
22	Ashlee Lommon	Anoka	19.75
23	Britt Fluth	Andover	19.90

Girls 300 Meter Hurdles Low

Name	School	Prelims	
Preliminaries			
1	Patti Woods	Blaine	48.13 Q
2	Brianna Duff	Anoka	49.11 Q
3	Brehane Hooker	Park Center	49.43 Q
4	Kjosten Steinbring	Anoka	49.55 Q
5	Emma Noll	Centennial	49.55 q
6	Britta Hall	Elk River	49.61 q
7	Dani Poce	Elk River	49.70 q
8	Jo Dahlberg	Blaine	50.34 q
9	Jessica Pafko	Blaine	50.53
10	Jenna Rice	Maple Grove	50.68
11	Nikki Dilbert	Champlin Park	50.77
12	Chiamaka Okonkwo	Osseo	51.10
13	Natalie Majkrzak	Centennial	51.12
14	Sarah McLain	Elk River	51.31
15	Sierra Robinson	Osseo	51.36
16	Chelsea Greenwald	Andover	51.75
17	Jessica Sailor	Coon Rapids	52.56
18	Alyssa Rousseau	Andover	53.10
19	Hanna Greimel	Maple Grove	53.18
20	Bridget Hines	Maple Grove	53.31
21	Alexandra Skaalerud	Anoka	53.62
22	Chelsea Hooker	Park Center	54.36
23	Jenna Sawyer	Champlin Park	54.89
24	Anna Ogaard	Osseo	56.32
25	Tesia Walther	Centennial	56.61
26	Britt Fluth	Andover	57.66

Girls High Jump

Name	School	Finals	
1	Kelsey Ellis	Anoka	5-01.00 10
2	Lindsey Ecklund	Centennial	5-00.00 7
2	Chinaelo Okafor	Champlin Park	5-00.00 7
4	Chelsea Froemke	Centennial	5-00.00 5
5	Megan Carlson	Andover	5-00.00 3.5
5	Jennifer Nayberi	Park Center	5-00.00 3.5
7	Stephanic Watson	Anoka	4-10.00 2
8	Emily Brostrom	Champlin Park	4-10.00 0.5
8	Michelle Brunik	Blaine	4-10.00 0.5
9	Kelsey Hoegh	Andover	4-10.00
9	Tempestt Wilson	Elk River	4-10.00
12	Elizabeth Bedor	Anoka	4-08.00
12	Brittany Simmons	Park Center	4-08.00
12	Taylor Stolquist	Maple Grove	4-08.00
Finals ... (Girls High Jump)			
12	Jenna Sawyer	Champlin Park	4-08.00
12	Britta Hall	Elk River	4-08.00
12	Allyson Buchelt	Blaine	4-08.00
12	Chelsea Greenwald	Andover	4-08.00
19	Alex Alcorn	Elk River	4-06.00
19	Moriah Miller	Centennial	4-06.00
19	Brooke Harris	Park Center	4-06.00
19	Kate Meidtke	Osseo	4-06.00
19	Anna Woerle	Coon Rapids	4-06.00
19	Abby Isaacson	Maple Grove	4-06.00
25	Jessica Pafko	Blaine	4-04.00

2006 NWSC Track & Field Championship - 5/23/2006 to 5/25/2006
 Andover High School

Results - Day 1

25 Haley Dubey	Coon Rapids	4-04.00	5 Rachel Cortes	Elk River	105-02	4
25 Bethany Burkman	Maple Grove	4-04.00	6 Alisa Ly	Maple Grove	104-08	3
25 Ally Lister	Osseo	4-04.00	7 Chaunte Ford	Osseo	101-11	2
-- Keeri Tramm	Osseo	NH	8 Kayla Kiecker	Coon Rapids	100-09	1

Girls Triple Jump

Name	School	Finals	
1 Katie Johnson	Anoka	36-06.50	10
2 Nikki Dilbert	Champlin Park	33-08.50	8
3 Brooke Harris	Park Center	33-03.25	6
4 Melissa Henderson	Osseo	33-02.00	5
5 Jenna Rice	Maple Grove	32-10.00	4
6 Alex Pafko	Blaine	32-06.00	3
7 Jennie Sunnanborg	Osseo	32-05.00	2
8 Alex Suda	Blaine	32-01.75	1
9 Cassie Ealy	Maple Grove	31-10.50	
10 Kelly Peterson	Anoka	31-04.00	
11 Michelle Maciej	Elk River	31-03.50	
12 Kat Wrzos	Coon Rapids	31-01.00	
13 Almarie Coleman	Coon Rapids	31-00.00	
14 Cassie Quick	Elk River	30-11.25	
15 Rachel Fisher	Elk River	30-11.00	
16 Amy Gullikson	Andover	30-08.50	
17 Jillian Daleiden	Blaine	30-06.50	
18 Stacey Fatunbi	Coon Rapids	29-10.00	
19 Stephanie Volk	Champlin Park	29-01.75	
20 Caroline Stroming	Anoka	29-00.00	
21 Rachel Neumann	Andover	28-10.00	
22 Keeri Tramm	Osseo	28-05.50	
23 Katie Lehner	Andover	28-01.00	
24 Elaine Opusungu	Park Center	25-04.00	
-- Chelsea Adney	Maple Grove	ND	

11 Stephanie Hofland	Centennial	96-06
11 Jenee Rybak	Anoka	96-06
13 Alisan Johnston	Champlin Park	96-05
14 Katie Downham	Blaine	94-08
15 Emylee Headline	Anoka	88-08
16 Chelsea Patron	Elk River	88-06
17 Amanda LaChance	Champlin Park	88-00
18 Megan Endreson	Park Center	85-05
19 Maya Keith	Park Center	84-03
20 Emily Ford	Osseo	80-06
21 Katy Bursaw	Andover	79-05
22 Marlene Moxness	Maple Grove	76-08
22 Laura Crow	Osseo	76-08
24 Ashley Fisher	Park Center	76-03
25 Ashley Bisek	Maple Grove	74-09
26 Heather Schmidt	Centennial	74-07
27 Tahlia Luedtke	Anoka	74-05
28 Kelsey LaBathe	Andover	71-08
29 Emily Rinehart	Coon Rapids	70-08

Women - Team Rankings - 4 Events Scored

1) Anoka	33
2) Elk River	24
2) Osseo	24
4) Blaine	18.5
5) Champlin Park	15.5
6) Centennial	12
7) Park Center	9.5
8) Maple Grove	9
9) Coon Rapids	6
10) Andover	4.5

Girls Discus Throw

Name	School	Finals	
1 Rebecca Kent	Elk River	119-01	10
2 Denise Nelson	Blaine	112-09	8
3 Sara Erickson	Blaine	109-10	6
4 Josalyn Fode	Coon Rapids	109-01	5